



**Answer ALL questions in the spaces provided.**

**1.**

Norman is 78 years of age and lives in the Willows Residential Nursing Home. He moved to the home two years ago when he could no longer live on his own. Norman has severe arthritis which has affected his ability to dress and feed himself. He also relies on a wheelchair.

Norman's condition means he is in considerable pain but he tries to keep himself busy. His daughter, Beth, visits every day and takes him to see his friends each week. He also likes to get involved in the various activities which the nursing staff organise. He particularly likes quiz games which take place every Thursday night.

(a) In their correct order, identify the life stages which Norman has already passed through.

1 .....

2 .....

3 .....

4 .....

**(4)**

(b) Identify **two** physical characteristics associated with Norman's current life stage.

1 .....

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2 .....

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**(2)**



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(c) Explain how an illness can affect an individual's physical growth and development.

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**(4)**

(d) Explain how the residential nursing staff can support Norman in coping with his arthritis.

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**(4)**







2.

Beth is Norman's only daughter. She is 40 years of age and single. Beth was recently promoted to Head of Department at the local Further Education College. Her work colleagues have been very supportive in helping her settle into her new position. However, Beth has still found her new job role and responsibilities very stressful even though she is earning more money.

(a) Beth has developed many different types of relationships during her life time. They include:

- Family
- Friends
- Intimate and sexual
- Working

Complete the table.

Relationship	Type of relationship
Beth has no boyfriend at the moment	
Beth's relationship with Norman	
Colleagues at the school	
Beth likes to meet up with her mates from the gym	

(4)

(b) Beth was recently promoted to Head of Department.

Identify **three** positive effects that having a good income could have on Beth's health and well-being.

- 1 .....
- .....
- 2 .....
- .....
- 3 .....
- .....

(3)







3.

Amy works in the Willows Residential Nursing Home and is Norman's named nurse. She is 24 years of age and lives with her partner Sean. Amy is currently completing her NVQ level 3 in Care and would eventually like to train as a nurse. Sean is at university studying accountancy. Although he has a part time job they both find it difficult to live on the money they earn. They plan to marry when Sean finishes university and gets a job.

(a) Here is some information about Amy's growth and development.

- A. Amy finds her work tiring at times
- B. Amy loves Sean very much
- C. Amy wants to train as a nurse
- D. Amy meets her friends regularly for lunch and shopping

Using the letters, **A**, **B**, **C** and **D**, match each of the statements to Amy's development.

Area of development	A, B, C or D
Physical development	
Intellectual development	
Social development	
Emotional development	

(4)

(b) Identify **two** physical changes which Amy would have experienced in her **previous** life stage.

- 1 .....
- .....
- 2 .....
- .....

(2)





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(ii) Amy has a positive self-concept.

Identify and explain **two** reasons why this is important for Amy's growth and development.

Identification 1 .....

Explanation .....

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Identification 2 .....

Explanation .....

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**(6)**





4.

Theresa works with Amy in the residential home. She is 48 years of age and has recently divorced. She has two children: Eamon who is 22 years of age and Sue who is 16 years of age. Although the two children are a great support to her she finds managing the house and the finances a struggle. In addition, Theresa has just started going through the menopause and is finding it difficult. She has referred herself to the well woman's clinic at the local surgery.

(a) Identify **two** physical characteristics associated with the menopause.

1 .....

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2 .....

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(2)

(b) Describe how a physical change, such as the menopause, may affect an individual's self-image.

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(2)



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(c) (i) Sue and Eamon will develop many different types of relationships which are characterised by particular features.

- Mutual support
- Power
- Physical attraction
- Dependency
- Protection
- Sharing

Complete the table.

Characteristic of the relationship	Feature
Sue is attracted to a boy in her class	
Sue and Eamon help Theresa with the household chores each week	
Sue is reliant on her mum for pocket money	
Eamon sometimes lets Sue use his iPod	

(4)

Sue has developed many different types of relationships.

- Family
- Friends
- Teachers
- Others

(ii) Identify the relationship which was of most importance when Sue was a baby.

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(1)



(iii) Identify and explain which relationship is most important to Sue now.

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**(4)**

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