

Unit summary sheet

Unit GH13: Plait and twist hair

Unit code: L/600/1004

Credit: 4

Unit aim

This is a job ready unit which is competency based. This unit is about using plaiting and twisting techniques to achieve a variety of different looks. A high degree of manual dexterity will be necessary.

Assessment requirements

The assessment of this unit needs to meet the requirements within the HABIA Hairdressing and Barbering Assessment Strategies.

1. Simulation is not allowed for any performance evidence within this unit.
2. The learner must practically demonstrate in their everyday work that they have met the standard for using plaiting and twisting techniques.
3. The Assessor will observe the learners performance on at least four occasions. Each occasion must be of a different look.
4. The learner must show that they have:
 - used all the products:
 - a) sprays
 - b) serums
 - c) gels.
 - created all the types of plaits and twists:
 - a) multiple cornrows
 - b) French plait
 - c) fishtail plait
 - d) two strand twists
 - e) flat twists.
 - taken into account:
 - a) hair density
 - b) hair texture
 - c) face and head shape
 - d) hair elasticity
 - e) hair length
 - f) scalp condition
 - g) desired look.
 - given advice covering:
 - a) suitable home care products and their use
 - b) how to remove plaits and twists.

5. It is likely most evidence of the learners performance will be gathered from the observations made by the assessor but they may be required to produce other evidence to support the learners performance if the assessor has not been present.
6. This unit requires mandatory written questions in accordance with the HABIA Assessment Strategies for Hairdressing and Barbering.

Additional information

The assessment and quality assurance requirement for this unit provides evidence towards A and V units.

Learning outcome achievement record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	
Assessor:	
Unit title: GH13 Plait and twist hair	
Learning outcome 1: Be able to maintain effective and safe methods of working when plaiting and twisting	
Assessment criteria:	
1.1 make sure the client's clothing is effectively protected throughout the service	
1.2 wear personal protective equipment, if required	
1.3 position the client to meet the needs of the service without causing them discomfort	
1.4 make sure their own posture and position whilst working minimises fatigue and the risk of injury	
1.5 keep the work area clean and tidy throughout the service	
1.6 use working methods that <ul style="list-style-type: none"> - minimise the risk of damage to tools - minimise the wastage of products - minimise the risk of cross-infection - make effective use of the working time - ensure the use of clean resources - minimise the risk of harm or injury to yourself and others 	
1.7 make sure their personal standards of health and hygiene minimise the risk of cross-infection, infestation and offence to the clients and colleagues	
1.8 completing the plaiting and twisting service within a commercially viable time.	
Feedback/comments from the assessor:	
Learner's signature:	Date:
Assessor's signature:	Date:
Internal verifier's signature (if required):	Date:

Learning outcome achievement record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	
Assessor:	
Unit title: GH13 Plait and twist hair	
Learning outcome 2: Be able to plait and twist hair	
Assessment criteria:	
2.1 confirm with the client the look agreed at consultation prior to and during the service	
2.2 control tools to minimise the risk of damage to the hair and scalp, client discomfort and to achieve the desired look	
2.3 part the sections cleanly and evenly to achieve the direction of the plait(s) and twists	
2.4 effectively secure any hair not being plaited or twisted to keep the section clearly visible	
2.5 maintain a suitable and even tension throughout the service	
2.6 effectively control and secure the client's hair throughout the plaiting and twisting processes, taking account of factors influencing the service	
2.7 apply suitable products, when necessary, at the right time in the process to achieve the style requirements	
2.8 consult with the client during the service to ensure the tension is comfortable	
2.9 adjust the tension of plaits and/or twists, when necessary, avoiding damage to the hair and minimising discomfort to the client	
2.10 make sure the direction and balance of the finished plait(s) and/or twists achieves the desired look	
2.11 confirm the client's satisfaction with the finished look.	
Feedback/comments from the assessor:	
Learner's signature:	Date:
Assessor's signature:	Date:
Internal verifier's signature (if required):	Date:

Learning outcome achievement record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	
Assessor:	
Unit title: GH13 Plait and twist hair	
Learning outcome 3: Be able to provide aftercare advice	
Assessment criteria:	
3.1 give advice and recommendations accurately and constructively	
3.2 give the client suitable advice on the maintenance of their style and hair condition.	
Feedback/comments from the assessor:	
Learner's signature:	Date:
Assessor's signature:	Date:
Internal verifier's signature (if required):	Date:

Knowledge evidence record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	Assessor:
<p>Unit title: GH13 Plait and twist hair</p> <p>Learning outcome 4: Know salon and legal requirements</p> <p>You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).</p> <p>When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.</p> <p>You need to show that you know, understand and can apply in practice what is listed below.</p>	

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
4.1 explain their salon's requirements for client preparation			
4.2 describe their own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of products for plaiting and twisting.			

Feedback/comments:

The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.

Learner's signature:	Date:
Assessor's signature:	Date:
Internal verifier's signature:	Date:

Knowledge evidence record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	Assessor:
<p>Unit title: GH13 Plait and twist hair</p> <p>Learning outcome 5: Know how to work safely, effectively and hygienically when plaiting</p> <p>You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).</p> <p>When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.</p> <p>You need to show that you know, understand and can apply in practice what is listed below.</p>	

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit	Evidence index number	Date	Evidence type
Assessment criteria			
5.1 describe contact dermatitis and how to avoid developing it whilst carrying out plaiting and twisting services			
5.2. identify the type of protective clothing that should be available for clients			
5.3 explain why it is important to use personal protective equipment			
5.4 describe the type of personal protective equipment available			
5.5. describe how the position of the client and themselves can affect the desired outcome and reduce fatigue and the risk of injury			
5.6. describe the importance of positioning equipment for ease of use			
5.7 explain why it is important to keep the work area clean and tidy			
5.8 describe methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation			
5.9 explain the importance of personal hygiene			
5.10 compare the methods of cleaning, disinfecting and/or sterilisation used in salons			

5.11 explain the importance of using covered hair bands for professional use.			
---	--	--	--

<p>Feedback/comments:</p>
--

The learner has satisfied the assessor and the internal verifier that knowledge and understanding requirements have been achieved.
--

Learner's signature:	Date:
Assessor's signature:	Date:
Internal verifier's signature:	Date:

Knowledge evidence record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	Assessor:
<p>Unit title: GH13 Plait and twist hair</p> <p>Learning outcome 6: Know effects on the hair of plaiting and twisting</p> <p>You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).</p> <p>When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.</p> <p>You need to show that you know, understand and can apply in practice what is listed below.</p>	

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
6.1 describe the potential consequences of excessive tension on the hair			
6.2 define what is traction alopecia			
6.3.describe how to identify the signs of traction alopecia			
6.4.describe the physical effects on the hair structure of plaiting and twisting.			

Feedback/comments:

The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.

Learner's signature:	Date:
Assessor's signature:	Date:
Internal verifier's signature:	Date:

Knowledge evidence record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	Assessor:
<p>Unit title; GH13 Plait and twist hair</p> <p>Learning outcome 7: Know plaiting and twisting techniques</p> <p>You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).</p> <p>When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.</p> <p>You need to show that you know, understand and can apply in practice what is listed below.</p>	

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
7.1 describe how hair texture affects the plaiting process and styling possibilities			
7.2 describe how to create cornrows, a French plait, two strand twists, fishtail plaits and flat twists			
7.3 explain the importance of sectioning hair accurately when plaiting and twisting			
7.4 identify methods of securing the completed plaits and twists			
7.5 describe how to handle the hair when plaiting and twisting to maintain a correct and even tension			
7.6 describe how to adjust the tension of plaits and twists			
7.7 describe how the factors in the range influence the choice and direction of plaited or twisted style.			

Feedback/comments:

The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.

Learner's signature:

Date:

Assessor's signature:

Date:

Internal verifier's signature:

Date:

Knowledge evidence record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	Assessor:
<p>Unit title: GH13 Plait and twist hair</p> <p>Learning outcome 8: Know products and their use</p> <p>You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).</p> <p>When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.</p> <p>You need to show that you know, understand and can apply in practice what is listed below.</p>	

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
8.1 identify the types of products available for use with plaits and twists			
8.2 explain when and why the types of products in the range would be used			
8.3 explain the importance of using products economically			
8.4 describe the importance of following the manufacturers' instructions relating to the use of the products in the range.			

Feedback/comments:

The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.

Learner's signature:	Date:
Assessor's signature:	Date:
Internal verifier's signature:	Date:

Knowledge evidence record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	Assessor:
<p>Unit title: GH13 Plait and twist hair</p> <p>Learning outcome 9: Know aftercare advice for clients</p> <p>You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).</p> <p>When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.</p> <p>You need to show that you know, understand and can apply in practice what is listed below.</p>	

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
9.1 describe products for home use that will benefit the client and those to avoid and why			
9.2 Describe how lifestyle can influence the choice of style, eg active sports, career and job requirements			
9.3 explain the removal requirements for plaits and twists.			
Feedback/comments:			
The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.			
Learner's signature:		Date:	
Assessor's signature:		Date:	
Internal verifier's signature:		Date:	

Knowledge evidence record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)	
Learner:	Assessor:
<p>Unit title: GH13 Plait and twist hair</p> <p>Learning outcome 10: Know methods of communication</p> <p>You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).</p> <p>When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.</p> <p>You need to show that you know, understand and can apply in practice what is listed below.</p>	

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
10.1 explain how to give effective advice and recommendations to clients.			
Feedback/comments:			
The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.			
Learner's signature:		Date:	
Assessor's signature:		Date:	
Internal verifier's signature:		Date:	

Assessment requirements record

NVQ title and level: Level 2 NVQ Diploma in Hairdressing (QCF)		
Learner:		
Assessor:		
Unit title: GH13 Plait and twist hair		
Performance(s) observed by the assessor	<i>(Assessor to sign each time performance is observed)</i>	<i>(Assessor to insert date each time performance is observed)</i>
Observation 1 Look 1		
Observation 2 Look 2		
Observation 3 Look 3		
Observation 3 Look 4		
Assessment requirements:		
<ul style="list-style-type: none"> • Participated in all the types of learning opportunities listed: <ul style="list-style-type: none"> a) used all the products: <ul style="list-style-type: none"> i. sprays ii. serums iii. gels. b) created all the types of plaits and twists: <ul style="list-style-type: none"> i. multiple cornrows ii. French plait iii. fishtail plait iv. two strand twists v. flat twists. c) taken into account: <ul style="list-style-type: none"> i. hair density ii. hair texture iii. face and head shape iv. hair elasticity v. hair length vi. scalp condition vii. desired look. d) given advice covering. <ul style="list-style-type: none"> i. suitable home care products and their use ii. how to remove plaits and twists. 		

Feedback/comments:

Learner's signature:

Date:

Assessor's signature:

Date:

Externally set mandatory question paper(s)

	<i>First sitting</i>	<i>Second sitting (if required)</i>	<i>Third sitting (if required)</i>
Paper 1 mark (% achieved)			
Paper 2 (% achieved, if required)			
Date examination was held			
<p>I can confirm that the learner achieved 100% on the mandatory areas of questioning for the unit being undertaken.</p> <p>This consists of at least 70% achieved in one sitting of the paper, with any questions incorrectly answered, reassessed by a variety of means (eg oral questioning, a repeat of the written questions, assignments).</p>			
Assessor's signature:		Date:	