

## Unit summary sheet

### Unit GH6: Plait and twist hair using basic techniques

Unit code: Y/600/1037

Credit: 4

#### Unit aim

This is a job ready unit which is competency based. This unit is about using basic plaiting and twisting techniques following the instructions of the stylist. A high degree of manual dexterity will be necessary.

This unit applies to both hairdressing and barbering salons.

#### Assessment requirements

The assessment of this unit needs to meet the requirements within the HABIA Hairdressing and Barbering Assessment Strategies.

1. Simulation is not allowed for any performance evidence within this unit.
2. The learner must practically demonstrate in their everyday work that they have met the standard for plaiting and twisting hair using basic techniques.
3. The assessor will observe the learners performance on at least three occasions which must include observation of:
  - a minimum of five cornrows
  - a single French plait
  - a series of small two strand twists covering a minimum of 25% of the head.
4. The learner must show that they have:
  - used all the types of products
    - a) sprays
    - b) serums
    - c) gels.
  - created all the types of plaits and twists:
    - a) multiple cornrows
    - b) French plait
    - c) two strand twists.
5. It is likely most evidence of the performance will be gathered from the observations made by the assessor but the learner may be required to produce other evidence to support their performance if the assessor has not been present.
6. This unit requires mandatory written questions in accordance with the HABIA Assessment Strategies for Hairdressing and Barbering.

#### Additional information

The assessment and quality assurance requirement for this unit provides evidence towards A and V units.

## Learning outcome achievement record

<b>NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering (QCF)</b>	
<b>Learner:</b>	
<b>Assessor:</b>	
<b>Unit title:</b> GH6 Plait and twist hair using basic techniques	
<b>Learning outcome 1:</b> Be able to maintain effective and safe methods of working when plaiting and twisting	
<b>Assessment criteria:</b>	
1.1 protect the client's clothing throughout the service	
1.2 use personal protective equipment as required	
1.3 position the client to meet the needs of the service without causing them discomfort	
1.4 position themselves whilst working in a way which minimises fatigue and the risk of injury	
1.5 keep work area clean and tidy throughout the service	
1.6 use working methods that <ul style="list-style-type: none"> <li>- minimise the risk of damage to tools</li> <li>- minimise the wastage of products</li> <li>- minimise the risk of cross-infection</li> <li>- make effective use of working time</li> <li>- ensure the use of clean resources</li> <li>- minimise the risk of harm or injury to self and others</li> </ul>	
1.7 maintain personal standards of health and hygiene which minimise the risk of cross-infection, infestation and offence to clients and colleagues	
1.8 complete the plaiting and twisting service within a commercially viable time.	
<b>Feedback/comments from the assessor:</b>	
<b>Learner's signature:</b>	<b>Date:</b>
<b>Assessor's signature:</b>	<b>Date:</b>
<b>Internal verifier's signature (if required)</b>	<b>Date:</b>

## Learning outcome achievement record

<b>NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering (QCF)</b>	
<b>Learner:</b>	
<b>Assessor:</b>	
<b>Unit title:</b> GH6 Plait and twist hair using basic techniques	
<b>Learning outcome 2:</b> Be able to plait and twist hair	
<b>Assessment criteria:</b>	
2.1	prepare the client's hair following instructions from the stylist
2.2	control tools to minimise the risk of damage to the hair and scalp, client discomfort and to achieve the desired look
2.3	part the sections cleanly and evenly to achieve the direction of the plait(s) and twists
2.4	secure any hair not being plaited or twisted to keep the section clearly visible
2.5	maintain a suitable and even tension throughout the plaiting and twisting process
2.6	control and secure the client's hair, when necessary
2.7	apply suitable products, when used, to meet manufacturers' and stylist's instructions
2.8	consult with the client during the plaiting and twisting process to ensure the tension is comfortable
2.9	adjust the tension of plaits, when necessary, avoiding damage to the hair and minimising discomfort to the client
2.10	make sure that the direction and balance of the finished plait(s) and twists meets the stylist's instructions
2.11	confirm the client's satisfaction with the finished look.
<b>Feedback/comments from the assessor:</b>	
<b>Learner's signature:</b>	<b>Date:</b>
<b>Assessor's signature:</b>	<b>Date:</b>
<b>Internal verifier's signature (if required)</b>	<b>Date:</b>

## Knowledge evidence record

**NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering (QCF)**

**Learner:**

**Assessor:**

**Unit title:** GH6 Plait and twist hair using basic techniques

**Learning outcome 3:** Know salon and legal requirements

You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).

When using the standards it is **important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice what is listed below.

KEY: FOR EVIDENCE TYPES	EI = EVIDENCE INDEX NUMBER	O = OBSERVATION	P = PERSONAL STATEMENT
	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
	Q&A = QUESTIONS & ANSWERS	EWE = EXPERT WITNESS EVIDENCE	PD = PROFESSIONAL DISCUSSION

Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
3.1 state the salon's requirements for client preparation			
3.2 state own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of products for plaiting and twisting.			

**Feedback/comments:**

The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.

**Learner's signature:**

**Date:**

**Assessor's signature:**

**Date:**

**Internal verifier's signature:**

**Date:**

## Knowledge evidence record

**NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering (QCF)**

**Learner:**

**Assessor:**

**Unit title:** GH6 Plait and twist hair using basic techniques

**Learning outcome 4:** Know how to work safely, effectively and hygienically when plaiting

You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).

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You need to show that you know, understand and can apply in practice what is listed below.

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Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
4.1 describe contact dermatitis and how to avoid developing it whilst plaiting and twisting hair			
4.2 state why it is important to use personal protective equipment			
4.3 identify the type of personal protective equipment available			
4.4 identify the protective clothing that should be available for clients			
4.5 describe how the positioning of the client and self can affect the desired outcome and reduce fatigue and the risk of injury			
4.6 state the importance of positioning equipment for ease of use			
4.7 state why it is important to keep the work area clean and tidy			

4.8 describe safe and hygienic working methods which minimise the risk of cross-infection and cross-infestation			
4.9 state the importance of personal hygiene			
4.10 describe methods of cleaning, disinfecting and/or sterilisation used in salons			
4.11 state the importance of using bands for professional use			
4.12 state the importance of following the stylist's instructions.			
<b>Feedback/comments:</b>			
The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.			
<b>Learner's signature:</b>		<b>Date:</b>	
<b>Assessor's signature:</b>		<b>Date:</b>	
<b>Internal verifier's signature:</b>		<b>Date:</b>	

## Knowledge evidence record

**NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering (QCF)**

**Learner:**

**Assessor:**

**Unit title:** GH6 Plait and twist hair using basic techniques

**Learning outcome 5:** Know the effects of plaiting and twisting on the hair

You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).

When using the standards it is **important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice what is listed below.

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	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
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Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
5.1 state the potential consequences of excessive tension on the hair			
5.2 state what is traction alopecia			
5.3 describe how to identify the signs of traction alopecia.			
<b>Feedback/comments:</b>			
The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.			
<b>Learner's signature:</b>		<b>Date:</b>	
<b>Assessor's signature:</b>		<b>Date:</b>	
<b>Internal verifier's signature:</b>		<b>Date:</b>	

## Knowledge evidence record

**NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering (QCF)**

**Learner:**

**Assessor:**

**Unit title:** GH6 Plait and twist hair using basic techniques

**Learning outcome 6:** Know the preparation, plaiting and twisting techniques

You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).

When using the standards it is **important to read the knowledge requirements in relation to expectations and requirements of your job role.**

You need to show that you know, understand and can apply in practice what is listed below.

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	WT = WITNESS TESTIMONY	S = SIMULATION	APEL = ACCREDITATION OF PRIOR EXPERIENCE AND LEARNING
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Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
6.1 describe how to shampoo and cleanse the hair for plaited styles			
6.2 state how hair texture affects the plaiting process and styling possibilities			
6.3 state how to create cornrows, a French plait and two strand twists			
6.4 state the importance of sectioning hair accurately when plaiting and twisting			
6.5 state methods of securing the completed plait and twists			
6.6 describe how to handle the hair when plaiting and twisting to maintain a correct and even tension			
6.7 describe how to adjust the tension of plaits.			

**Feedback/comments:**

The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.

**Learner's signature:**

**Date:**

**Assessor's signature:**

**Date:**

**Internal verifier's signature:**

**Date:**

## Knowledge evidence record

**NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering (QCF)**

**Learner:**

**Assessor:**

**Unit title:** GH6 Plait and twist hair using basic techniques

**Learning outcome 7:** Know products and their use

You must show that you have the knowledge and understanding for this unit. Your performance evidence might help to show this, but it is likely that you will need additional evidence (eg answers to questions).

When using the standards it is important to read the knowledge requirements in relation to expectations and requirements of your job role.

You need to show that you know, understand and can apply in practice what is listed below.

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Knowledge and understanding for this unit Assessment criteria	Evidence index number	Date	Evidence type
7.1 identify the types of products available for use with plaits and twists and when to use them			
7.2 state the importance of using products economically.			
<b>Feedback/comments:</b>			
The learner has satisfied the assessor and the internal verifier that the knowledge and understanding requirements have been achieved.			
<b>Learner's signature:</b>		<b>Date:</b>	
<b>Assessor's signature:</b>		<b>Date:</b>	
<b>Internal verifier's signature:</b>		<b>Date:</b>	

## Assessment requirements record

<b>NVQ title and level: Level 1 NVQ Certificate in Hairdressing and Barbering</b>		
<b>Learner:</b>		
<b>Assessor:</b>		
<b>Unit title: GH6 Plait and twist hair using basic techniques</b>		
<b>Performance(s) observed by the assessor</b>	<i>(Assessor to sign each time performance is observed)</i>	<i>(Assessor to insert date each time performance is observed)</i>
<b>Observation 1</b> A minimum of five cornrows		
<b>Observation 1</b> A single French plait		
<b>Observation 1</b> A series of two strand twists covering a minimum of 25% of the head		
<b>Assessment requirements:</b>		
<ul style="list-style-type: none"> <li>• participated in all the types of learning opportunities listed.             <ul style="list-style-type: none"> <li>a) used all the types of products                 <ul style="list-style-type: none"> <li>i. sprays</li> <li>ii. serums</li> <li>iii. gels.</li> </ul> </li> <li>b) created all the types of plaits and twists:                 <ul style="list-style-type: none"> <li>i. multiple cornrows</li> <li>ii. French plait</li> <li>iii. two strand twists.</li> </ul> </li> </ul> </li> </ul>		
<b>Feedback/comments:</b>		
<b>Learners's signature:</b>		<b>Date:</b>
<b>Assessor's signature:</b>		<b>Date:</b>

Externally set mandatory question paper(s)

	<i>First sitting</i>	<i>Second sitting (if required)</i>	<i>Third sitting (if required)</i>
<b>Paper 1 mark (% achieved)</b>			
<b>Paper 2 (% achieved, if required)</b>			
<b>Date examination was held</b>			
<p><b>I can confirm that the learner achieved 100% on the mandatory areas of questioning for the unit being undertaken.</b></p> <p>This consists of at least 70% achieved in one sitting of the paper, with any questions incorrectly answered, reassessed by a variety of means (eg oral questioning, a repeat of the written questions, assignments).</p>			
<b>Assessor's signature:</b>		<b>Date:</b>	