

**Applied GCSE Health and Social Care  
Candidate Mark Record Sheet**

**Unit 2: Promoting health and well-Being**

Centre Name:	Centre Number:
Candidate Name:	Candidate Number:
Teacher:	Date:

**You need to produce a health plan for improving or maintaining the physical health and well-being of one individual..**

Your plan must:	Page(s) ref.	Marks Available			Centre Mark
		MB1	MB2	MB3	
a explain what is meant by health and well-being		1-3	4-5	6-7	
b identify factors affecting the individual's health and well-being, and explain the effect these factors have		1-5	6-9	10-13	
c identify information to set targets and measures of health for the individual		1-7	8-12	13-17	
d include in your plan an assessment of how it may affect the individual, the difficulties which may be experienced in following and achieving the plan and how these difficulties may be overcome		1-5	6-9	10-13	
<b>Total marks</b>		<b>50</b>			

Declaration of Authentication: I declare that the work submitted for the assessment has been carried out without assistance other than that which is acceptable under the scheme of assessment (unless indicated on the back of this mark record sheet).

Signed (candidate)

Date

Signed (teacher)

Date